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1st May 2018

Kia ora whanau

The Flu vaccines are now in stock!
 Call and arrange an appointment with nurses Robyn or Brenda to have this vaccine.
 Get one before the FLU VIRUS gets you!



GP and Nurse Service business hours
Bethlehem

Monday	8.00am - 5.00pm	David Offner
	8.30am - 12.00pm	Claire Isham
Tuesday	8.00am - 5.00pm	Sarah Wong
	9.00am - 12.00pm	Michelle
	1.00pm - 4.00pm	David Offner
Wednesday	8.00am - 4.00pm	David Offner
Thursday	8.00am - 5.00pm	Claire Isham
	9.00am - 12.00pm	Michelle
	<i>*Waipu Hauora*</i>	David Offner
Friday	8.00am - .4.00pm	Sarah Wong

Eftpos Available!!

For After Hours: Accident and Healthcare
 Ph: 5770 010
 For an Emergency: Dail 111

Satellite Clinic hours:

WAIPU HAUORA:

9.00am – 12.00pm David Offner
 Clinic operates every Thursday mornings.

MATAKANA ISLAND:

9.30am – 1.00pm David Offner/Michelle
 Clinic operates fortnightly on a Wednesday morning.

MOTITI ISLAND:

9.00am – 12.30pm Claire Isham
 Clinic operates 1st Monday of the month.



Eftpos Available in Satellite!!



Ngati Kahu Staff:

General Manager: Judy Harpur
 Assistant Co-ordinator: Ruakapua Bristowe

General Practice Services:

Practice Manager: Jackie Nicholas
 General Practitioner: David Offner
 General Practitioner: Claire Isham
 General Practitioner: Sarah Wong
 Nurse Practitioner: Michelle
 Practice Nurse: Robyn Wichman
 Practice Nurse: Brenda Hilario
 Practice Administrator: Cheri Parkinson
 Practice Administrator: Ruby Kingi
 Practice Administrator: Timini Kingi

Mental Health/Alcohol and Drug Service:

AOD Practitioner: Wiripo Brown
 AOD Practitioner: Fred Hika



Waihekerangi Respite Care Home:

Team Leader: Delice McShane
 Health Care Assistant: Lassie Gates
 Health Care Assistant: Anna Gardiner
 Health Care Assistant: Sarah Tokona
 Health Care Assistant: Kathy Butt

Whanau Ora Support Service:

Whanau Ora Support Service Co-ordinator:
 Marissa Rahiri

Koroua/Kuia Support Service:

Koroua/Kuia Support Service Co-ordinator:
 Judy Harpur



Mental Health/Alcohol and Drug Service:

AOD Practitioner: Wiripo Brown
AOD Practitioner: Fred Hika
Phone: 5760160 ext: 3



AOD staff offer a FREE Alcohol and Drug counselling service. These include:

- One on one individual counselling.
- Group Workshops.

Ring to make an appointment with our AOD Practitioners.



Whanau Ora Support Service:

Whanau Ora Support Service Co-ordinator:
Marissa Rahiri

Phone: 5760160 ext: 3



A Maori Community Health service providing a range of general health, education/promotion, advisory, liaison and co-ordinating activities. Support for whanau, hapu, Iwi delivering services in a culturally appropriate and competent manner.

Ring to make an appointment with our Whanau Ora Support Service Co-ordinator.



Koroua/Kuia Support Service:

Koroua/Kuia Support Service Co-ordinator:
Judy Harpur

Phone: 5760160 ext: 5



Positive intervention for this age group can help to introduce healthier lifestyles and changed habits, enhancing positive social and functional activities of Koroua and Kuia.

We continue to deliver group discussions with a registered nurse. Topics of discussion include Cardio Vascular Disease, Diabetes, Nutrition (Healthy Eating), Asthma, Breast/Cervical Screening and complex long term conditions.

Ngati Kahu Hauora



Our books are now open until further notice. Please ask reception for enrolment forms. Adults you will need a photo ID, children need a copy of their birth certificate or pass port. There will be a \$40.00 fee on registration, and thereafter until you become funded. (Children under 12yrs Free & 13yrs – 17yrs \$12.00)

Don't be shy to check out our facebook page: Te Whare Hauora o Ngati Kahu, as well as our website: www.ngatikahuhauora.co.nz

facebook

