

69 Carmichael Road, Bethlehem
 PO Box 16218
 Bethlehem Mail Centre
 Tauranga 3110



P 07 576 0160
 F 07 576 0163
 E nrtga@ngatikahuhauora.co.nz
 W www.ngatikahuhauora.co.nz

1st March 2019



The doctor clinic sessions will be changing over the next few months.

Ngati Kahu Hauora staff would like to “Thank” Dr Sarah Wong for everything she has done to help with all our achievements of today. Her attitude, her presence, her compassion, her work ethics are qualities that we are truly going to miss. We wish you the very best of what life has to offer. May you grow and prosper in every aspect of life. GOOD LUCK.... Missing you already.

PARKING:

- To ALL parents of Bethlehem primary school, please keep the fence line clear for the staff of Ngati Kahu, and for our Respite home.
- Safety is always a priority – please park back in the paddock.



REMINDERS:

- If you are 7 minutes late for your appointment, you will not be seen, (as this will put the doctors behind time) you will need to reschedule another appointment and you will be charged a \$10.00 penalty fee.
- Late cancellations and DNAs (Did not arrived.) will be charged a \$10.00 penalty fee.
- If your account is \$50.00 or more, you will be asked to pay your account before you have an appointment.
- Automatic Payments are available, please ask the receptionist for a bank form.

Prescriptions: All prescriptions will be charged \$10.00 if you come in and collect.

If you would like to have your prescription faxed to a pharmacy, you will be charged \$15.00

Update your community service cards:

The Community Services Card can help you and your family with the costs of health care. Always carry your card to make it easy to get the benefits, like paying less on some health services and prescriptions.

If you think that you might be eligible for a CSC you can contact the MSD call centre on [0800 999 999](tel:0800999999)

GP and Nurse Service business hours

Bethlehem

Monday	8.30am - 12.00pm 1.00pm - 5.00pm	Claire Isham David Offner
Tuesday	8.30am - 4.00pm 8.30am - 5.00pm	Sarah Wong David Offner
Wednesday	8.30am - 5.00pm	David Offner
Thursday	8.30am - 12.00pm 9.00am - 12.00pm 1.00pm - 5.00pm	Claire Isham Michelle David Offner
Friday	8.00am - .5.0pm 8.30am - 12.00pm 9.00am - 5.00pm	Sarah Wong Claire Isham Michelle

Satellite Clinic hours

WAIPU HAUORA:

9.00am – 12.00pm David Offner/Michelle
 Clinic operates every Thursday mornings.

MATAKANA ISLAND:

9.30am – 1.00pm David Offner/Michelle
 Clinic operates fortnightly on a Wednesday morning.

MOTITI ISLAND:

9.00am – 12.30pm
 Claire Isham
 1st Monday of every month



Eftpos Available in Satellite!!



Eftpos Available!!

For After Hours: Accident and Healthcare
 Ph: 5770 010

For an Emergency: Dail 111



Your Contact Details

Please update your details with reception.

We can not express how important it is to have your current address, your current phone numbers and next of kin details on your files. Having this information enables us to make contact with you when needed.

Our books for new enrolments are still open until further notice.

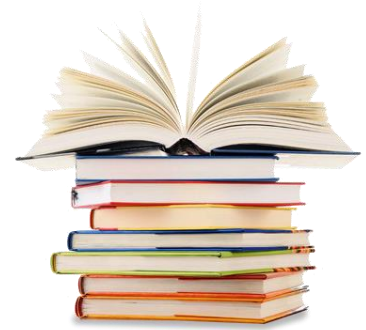
Please ask reception for enrolment forms.

Adults you will need a photo ID,
children need a copy of their birth certificate or passport.

There will be a \$40.50 charge on registration for adults
and thereafter until you become funded .

If you have a **community service card**
there will be a one off payment of \$40.50, and then you will
be charged accordingly. (\$18.50 or \$12.50).

(Children under 12 years are FREE & 13 years – 17 years are \$12.50)



HEP C CAN NOW BE CURED

GET TESTED - ASK YOUR GP

HEPATITIS C

The great news is there's a cure
treatment is Easy to get and Easier to take.
Talk to your doctor when next in
or arrange an appointment to discuss getting tested.

HEP C is serious but it can be cured!



Medication Review



It is important for both you, and your practitioner to understand
and keep up to date with your medications.

Before your next regular (3monthly) medication prescription is
due, book with your Doctor or Nurse Practitioner Michelle to
have a medication review.

5 QUESTIONS TO ASK ABOUT YOUR MEDICATIONS

When you see your doctor, nurse or pharmacist.

1. **CHANGES?** Have any medications been added, stopped or changed and Why?
2. **CONTINUE?** What medications do I need to keep taking and Why?
3. **PROPER USE?** How do I take my medications and for how long?
4. **MONITOR?** How will I know if my medication is working and what side effects do I watch for?
5. **FOLLOW-UP?** Do I need any tests and when do I book my next visit?

KEEP YOUR MEDICATION RECORD UP TO DATE.