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1st May 2019



Ngati Kahu Hauora staff have had the pleasure of working alongside locum Dr Philip Vicarage, who has been working with our patients on Wednesday mornings and all day Thursday & Fridays. He was very professional and a pleasure to work with. His last day will be Friday 10th of May.



The month of May has definite changes for Ngati Kahu Hauora.

It is with sadness that we will *Farewell* our Practice Nurse Brenda Hilario. We are grateful and acknowledge the wonderful and professional work she has been involved in.

On behalf of the staff and our patients we wish Brenda the very best for her future endeavours. Her last day will be Thursday 16th May.



Update your community service cards:

The Community Services Card can help you and your family with the costs of health care. Always carry your card to make it easy to get the benefits, like paying less on some health services and prescriptions. If you think that you might be eligible for a CSC you can contact the MSD call centre on [0800 999 999](tel:0800999999)

GP and Nurse Service business hours

Bethlehem

Monday	8.30am - 5.00pm	David Offner
	8.30am - 12.00pm	Claire Isham
Tuesday	8.30am - 12.00pm	Anna Proverb
	8.30am - 4.30pm	David Offner
Wednesday	8.30am - 5.00pm	David Offner
	9.00am - 4.30pm	Michelle
	8.30am - 12.00pm	Anna Proverb
Thursday	8.30am - 12.00pm	Claire Isham
	8.30am - 5.00pm	Anna Proverb
Waipu Hauora	9.00am - 12.00pm	David Offner
Friday	8.00am - 4.30pm	Anna Proverb
	8.30am - 12.00pm	Claire Isham
	9.00am - 5.00pm	Michelle

Eftpos Available!!

For After Hours: Accident and Healthcare
 Ph: 5770 010

For an Emergency: Dial 111

Satellite Clinic hours

WAIPU HAUORA:

9.00am - 12.00pm David Offner/Michelle

Clinic operates every Thursday mornings.

MATAKANA ISLAND:

9.30am - 1.00pm David Offner/Michelle

Clinic operates fortnightly on a Wednesday morning.

MOTITI ISLAND:

9.00am - 12.30pm

Claire Isham

1st Monday of every month

Eftpos Available in Satellite!!





Your Contact Details

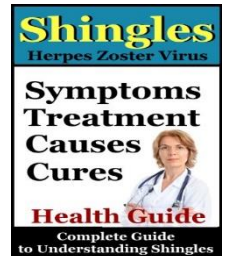
Please update your details with reception.

We cannot express how important it is to have your current address, your current phone numbers and next of kin details on your files. Having this information enables us to make contact with you when needed.

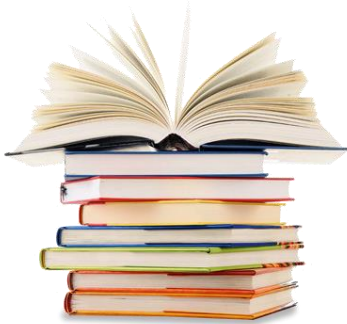


Flu vaccines are in! Shingle vaccines are in!

- Call the Hauora to book in for your vaccinations.



Our books for new enrolments are open.



Please ask reception for enrolment forms.

Adults will need a photo ID.

Children need a copy of their birth certificate or passport.

There will be a \$40.50 charge on registration for adults and thereafter until you become funded.

If you have a **community service card**

there will be a one off payment of \$40.50, and then you will be charged accordingly. (\$18.50 or \$12.50).

(Children under 12 years are FREE & 13 years – 17 years are \$12.50)

Advanced Care Planning.

Advance Care Planning is the process of thinking about, talking about, and planning for future healthcare and end-of-life care.

“He whakatauaki:

Mà te whakaatu ka mohio *Through discussion cometh understanding*

Mà te mōhio, kà māmama *Through understanding cometh light*

Mà te māmama, ka mātāu *Through light cometh wisdom*

Mà te mātāu, ka ora *Through wisdom cometh everlasting life*

Ask your Doctor, Nurse Practitioner or Nurse when you are next in if you would like to get an Advanced Care Plan for yourself or anyone in your whanau.

Tauranga kuia Ataraita Ngatai shares her thoughts on why Advance Care Planning is important.

For more information: SUNLIVE.CO.NZ

<https://sunlive.co.nz/news/204455-matapihi-kuia-urges-whanau-to-talk>



**Respecting
Patient Choices**
Advance Care Planning

sunlive.co.nz • 567887052

