

69 Carmichael Road, Bethlehem  
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 Bethlehem Mail Centre  
 Tauranga 3110



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 E nrtga@ngatikahuhauora.co.nz  
 W www.ngatikahuhauora.co.nz

**1st April 2019**



Wishing Dr Sarah Wong 'All the Best' for her future endeavours!!  
 She will be dearly missed.

As one door closes another door opens.  
 Ngati Kahu Hauora staff would like to extend a warm welcome to  
 Dr Philip Vicarage, who will be working Wednesday mornings,  
 and all day Thursday & Fridays.



**Prescriptions: All prescriptions will be charged \$10.50 if you come in and collect.  
 To have your prescription faxed to a pharmacy, you will be charged \$15.50.**

Due to original scripts getting lost in the mail, we are putting the responsibility back to the patient, to take originals to pharmacy's when you fulfil your prescription.  
 Hence the change in prices.

**REMINDERS:**

- If you are 7 minutes late for your appointment, you will not be seen (as this will put the doctors behind time) you will need to reschedule another appointment and you will be charged a \$10.00 fee.
- Late cancellations and DNAs (Did not arrived) will be charged a \$10.00 penalty fee.
- If your account is \$50.00 or more, you will be asked to pay your account before you have an appointment.
- Automatic Payments are available, please ask the receptionist for a bank form.

**Update your community service cards:**

The Community Services Card can help you and your family with the costs of health care. Always carry your card to make it easy to get the benefits, like paying less on some health services and prescriptions. If you think that you might be eligible for a CSC you can contact the MSD call centre on [0800 999 999](tel:0800999999)

**GP and Nurse Service business hours**

**Bethlehem**

Monday	8.30am - 5.00pm	David Offner
Tuesday	8.30am - 12.00pm	Claire Isham
	8.30am - 4.30pm	David Offner
Wednesday	8.30am - 5.00pm	David Offner
	9.00am - 4.30pm	Michelle
	8.30am - 12.00pm	Philip Vicarage
Thursday	8.30am - 12.00pm	Claire Isham
	8.30am - 5.00pm	Philip Vicarage
<b>Waipu Hauora</b>	<b>9.00am - 12.00pm</b>	<b>David Offner</b>
Friday	8.00am - .4.30pm	Philip Vicarage
	8.30am - 12.00pm	Claire Isham
	9.00am - 5.00pm	Michelle

**Eftpos Available!!**

For After Hours: Accident and Healthcare  
 Ph: 5770 010

**For an Emergency: Dial 111**

**Satellite Clinic hours**

**WAIPU HAUORA:**

9.00am - 12.00pm David Offner/Michelle  
 Clinic operates every Thursday mornings.

**MATAKANA ISLAND:**

9.30am - 1.00pm David Offner/Michelle  
 Clinic operates fortnightly on a Wednesday morning.

**MOTITI ISLAND:**

9.00am - 12.30pm  
 Claire Isham  
 1st Monday of every month



**Eftpos Available in Satellite!!**





## Your Contact Details

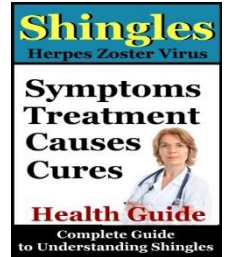
### Please update your details with reception.

We can not express how important it is to have your current address, your current phone numbers and next of kin details on your files. Having this information enables us to make contact with you when needed.

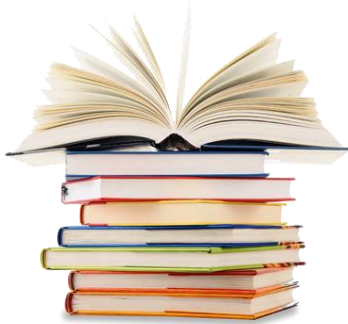


## Flu vaccines are in! Shingle vaccines are in!

- Call the Hauora to book in for yours.



## Our books for new enrolments are still open until further notice.



Please ask reception for enrolment forms.

Adults you will need a photo ID, children need a copy of their birth certificate or passport. There will be a \$40.50 charge on registration for adults and thereafter until you become funded.

If you have a **community service card** there will be a one off payment of \$40.50, and then you will be charged accordingly. (\$18.50 or \$12.50).

(Children under 12 years are FREE & 13 years – 17 years are \$12.50)

## Advanced Care Planning.

Advance Care Planning is the process of thinking about, talking about, and planning for future healthcare and end-of-life care.

**“He whakatauaki:**

**Mà te whakaatu ka mohio *Through discussion cometh understanding***

**Mà te mōhio, kà marama *Through understanding cometh light***

**Mà te marama, ka mātāu *Through light cometh wisdom***

**Mà te mātāu, ka ora *Through wisdom cometh everlasting life***

Ask your Doctor, Nurse Practitioner or Nurse when you are next in if you would like to get an Advanced Care Plan for yourself or anyone in your whanau.

Tauranga kuia Ataraita Ngatai shares her thoughts on why Advance Care Planning is important.

For more information: [SUNLIVE.CO.NZ](http://SUNLIVE.CO.NZ)

<https://sunlive.co.nz/news/204455-matapihi-kuia-urges-whanau-to-talk>

